

Beth Kinslow, DSc, LAT Objectives and Bio

Dry Cupping Massage for Myofascial Release

Objectives

1. Understand how dry cupping massage can be used for myofascial release.
2. Differentiate between the treatment goals of static dry cupping and dry cupping massage treatments.
3. Develop a dry cupping treatment plan for patients with myofascial dysfunction.

Bio

Dr. Beth Kinslow is an Assistant Professor at UW-Stevens Point in the School of Health Care Professions. She received her bachelor's degree in athletic training from UW-Stevens Point in 2002 and her master's in exercise & sport psychology from Oregon State in 2006 and her doctorate from Rocky Mountain University of Health Care Professions in 2017. Her research interests include scenario based teaching strategies, decreasing fear of failure in academics, and future of virtual reality in athletic training. Beth's passion in life is helping others discover their best selves through their educational journey.