

## Jennifer Thorpe, MS, ATC, CSCS Objectives and Bio

### Introduction to Graston Technique

#### **Objectives**

- 1.) Attendees of this learning lab will learn about the Graston Technique and how to obtain further training to practice this form of manual therapy independently in clinical practice.
- 2.) Attendees of this learning lab will explore how the different instruments and treatment strokes can be utilized to achieve desired treatment outcomes.
- 3.) Attendees of this learning lab will understand how the Graston Technique can be integrated within a treatment plan for a patient.

#### **Bio**

Jenny is an assistant professor and clinical education coordinator at Concordia University. Jenny completed her undergraduate degree in athletic training at the University of Wisconsin-Milwaukee and her masters' degree at the University of Illinois, and is currently pursuing her doctorate at UWM. At Concordia, Jenny teaches several courses in the athletic training program including a manual therapy course. She is a curriculum instructor for the Graston Technique and has been practicing the Graston Technique for the past 8 years. Jenny resides in Milwaukee with her husband and 4-year-old son.